

# PART 1 – TECHNIQUES TO TELL A GREAT JOKE!

How to tell a joke – Everything you need to know except the jokes! (The jokes are in Part II through Part V, along with an easy way to remember the jokes, but no peeking!)

The intention of this section is to make you a great joke teller through learning the secrets of humor and practicing telling jokes on a regular basis.

Being a great joke teller is all about timing and confidence. The good part of this is that the more you tell jokes, the better your timing will become, and the better your timing gets, the more confidence you will have! It is a circle that works in a nice, positive way.

The other important aspect of great joke telling is that you have to be relaxed at all times. By telling jokes, you are simply adding some fun to life and your conversations – don't put too much pressure on yourself. Keep it light and easy, not too serious.

## **THE SECRET TO HUMOR - THE SETUP OF A JOKE**

What makes a good joke? The most important part of a joke is the setup of the joke. The setup is the introductory story you tell, before telling the punchline. The setup should lead you

